

LUNCH FOR 10.00

LUNCH & A SOFT DRINK FOR 10.00

UPGRADE TO AN ALCOHOLIC DRINK FOR +2.00

Includes: Madri, Pravha, Aspall Cider, Lucky Saint or a 175ml glass of wine.

INSTANT CLASSIC BURGER

Grilled beef patty, smoked streaky bacon, smoked Cheddar on a brioche-style bun with shredded iceberg lettuce, vegan mayo & pickles. Served with fries (1166kcal)

THE O.G. BURGER

Our original chicken burger. Crispy fried chicken breast, smoked streaky bacon, smoked Cheddar on a brioche-style bun with shredded iceberg lettuce, vegan mayo & pickles. Served with fries. (1153kcal)

BUDDHA BOWL (VE)

Vegan shawarma, spiced broad bean falafel, houmous, pico de gallo salsa, padron peppers, vegan mayo, grains, pickled red cabbage (728kcal)

CHIPOTLE SHRIMP PO BOY

Crispy shrimp, chipotle & lime mayo, pico de gallo salsa, shredded iceberg lettuce, in a soft ciabatta sub. Served with fries (1049kcal)

VEGAN CHILLI CHEEZE BURGER (VE)

Plant-based patty, applewood smoked vegan slice, smoky pulled mushroom & bean chilli on a brioche-style bun with shredded iceberg lettuce, vegan mayo & pickles. Served with fries (1162kcal)

FILLET STEAK & CHIMICHURRI SUB (+2.00)

Sliced fillet steak (served pink), secret sauce, chimichurri, nacho cheese, in a soft ciabatta sub. Served with fries* (1285kcal)

NOURISH BOWL (VE)

Long stem broccoli, spiced roasted chickpeas, mixed grains, cherry tomatoes, houmous, pomegranate, cucumber (413kcal)
Add Chicken Schnitzel (569kcal)
Falafel (VE) (226kcal)
Vegan Shawarma (VE) (138kcal)
Halloumi (V) (415kcal)
Fillet Steak (+£2) (280kcal)

LOADED FRIES & TOTS 2 FOR 13.00

PAY DAY FRIES 7.50

Fries, crispy smoked bacon, grated parmesan, truffle-infused oil, burger sauce, chives (757kcal)

POUTINE FRIES 8.00

Fries, pulled short rib & beef brisket, crispy spiced onions, nacho cheese, pico de gallo salsa, mature Cheddar, chipotle & lime mayo (1225kcal)

BEEF DRIPPING TOTS 7.50

Potato tots, nacho cheese, chipotle & lime mayo, beef dripping gravy (850kcal)

BUFFALO RANCH TOTS (V) 7.50

Potato tots, nacho cheese, buttermilk jalapeño ranch sauce, buffalo hot sauce (704kcal)

SIDES 4.00 EACH OR 2 FOR 7.00

SLAW (V) (124kcal)

CORN RIBS (VE)

Spiced garlic seasoning, vegan mayo, buffalo hot sauce (292kcal)

FRIES (VE) (401kcal)

PADRÓN PEPPERS (VE) (213kcal)

CRISPY SPICED ONIONS (VE) (154kcal)

DIPS 2.00 EACH OR 3 FOR 5.00

BUTTERMILK JALAPEÑO RANCH (V) (65kcal)

NEXT LEVEL BBQ SAUCE (VE) (66kcal)

SECRET SAUCE* (177kcal)

BUFFALO HOT SAUCE (VE) (12kcal)

BEEF DRIPPING GRAVY (123kcal)

GOCHUJANG MAYO (VE) (148kcal)

Allergens & dietary information available on reverse. Adults need around 2000kcal a day.

LUNCH

Our Lunch offer includes any main dish from our lunch menu plus any of the following soft drinks Diet Pepsi, Pepsi Max, Diet Lemonade, still & sparkling water (330ml bottle). Upgrade for £2 extra for any of the following alcoholic drinks: pint or half pint of Madri, Pravha, Aspoll Cider or Lucky Saint (draught, where available, or 330ml bottle), 175ml glass of wine (house Pinot Grigio, Pinot Blush or Cabernet Sauvignon).

Allergen Information: Our easy-to-use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur, and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

(v) = made with vegetarian ingredients, (ve) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. * = This dish contains alcohol. Fish dishes may contain small bones. All items are subject to availability. Where table service is offered, a discretionary service charge of 10% may be added.

Adults need around 2000kcal a day. All calories are correct at the time of menu print. Live nutritional information is available online.